

UPPER FARINON DINING HALL

September 18, 2023 TO September 24, 2023

OPEN Monday to Friday from 8:00 am - 9:00 pm | CLOSED Sunday


BREAKFAST

	MONDAY Sep-18	TUESDAY Sep-19	WEDNESDAY Sep-20	THURSDAY Sep-21	FRIDAY Sep-22	SATURDAY Sep-23	SUNDAY Sep-24
SPOON & FORK	French Toast	Pancakes	Broccoli Frittata	French Toast	Blueberry Pancakes	Broccoli Frittata	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Turkey Sausage Patty	Pork Sausage Link	Turkey Bacon	Pork Sausage Patty	Turkey Sausage Patty	Turkey Bacon	
	Home Fried Potatoes	Tater Tots	Hashbrown Patty	Home Fried Potatoes	Tater Tots	Hashbrown Patty	
	Omelet Bar & Bacon						

LUNCH

	MONDAY Sep-18	TUESDAY Sep-19	WEDNESDAY Sep-20	THURSDAY Sep-21	FRIDAY Sep-22	SATURDAY Sep-23	SUNDAY Sep-24
INSPIRED EATS	Orange Beef Stir Fry - Allergen Friendly	Sweet & Spicy Chicken Wings - Allergen Friendly	Falafel Bowl - Allergen Friendly	Grilled Chicken Salad with White Beans	Rosemary Pork Chop	Consider trying the new Simon's Market - open 23/7!	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	"Soy" Ginger Pulled Jackfruit - Allergen Friendly	Crispy Buffalo Cauliflower - Allergen Friendly					
	Snow Pea & Pepper Saute - Allergen Friendly		Fresh Cucumber Tomato Salad	Potato Salad with Smoky Citrus Vinaigrette	Potatoes O'Brien		
	Brown Rice	Lentil Spinach Salad			Sauteed Mushroom		
VZ	Thai Chickpea Curry	Corn Cakes with Zucchini Salsa	BBQ Seitan	Mediterranean Stuffed Mushrooms	Southern Fried Tofu		
	Basmati Rice	Collard Greens Pasta with Lemon	Roasted Sweet Potatoes	Parslied Potatoes	Roasted Apples & Sweet Potatoes		
	Green Peas	Roasted Zucchini & Squash	Spanish Rice	Egyptian Eggplant with Chickpeas and Herbs	Broccoli		
SPOON & FORK	Roasted Zucchini & Squash	Roasted Gyro Meat	Marinated Turkey Cutlet	Chicken Parmesan Sandwich	Shrimp Creole with Rice		
	Herbed Chicken Stew & Dumplings	Herbed Orzo	Bread Stuffing	Pasta with Mushroom Sauce			
	Cilantro Lime Black Bean Rice	Lemon Green Beans	Maple Glazed Carrots	Montreal Roasted Vegetables	Vegetable Saute		
BRAVO	Grilled Cheese Bar	Cheese Pizza	Taco Bar	Cheese Pizza	Tabbouleh Bowl		
		Pepperoni Pizza		Pepperoni Pizza			
		Buffalo Fried Chicken Pizza		Meatlover Pizza	Greek Chicken Kebab		
		Pasta Bar		Pasta Bar			
DELI	Buffalo Chicken Ranch Wrap	Texas Toast Grilled Cheese	Italian Focaccia	Roast Beef Cheddar Horseradish on Kaiser	Grilled Portobello Sandwich	Mediterranean Turkey Wrap	Follow us on Instagram for the latest specials! @Lafayette_Dining
CARVERY	Roasted Pork Loin with Caramelized Apples	Grilled Flank Steak	Grilled Pork Tenderloin	Cheesy Meatloaf	Rotisserie Baked Chicken		
	Quinoa Sweet Potato & Cranberry Stuffing	Garlic Herb Orzo	Mashed Sweet Potatoes	Garlic Mashed Potatoes	Spicy Roasted Red Potatoes		
	Spinach & Garlic	Cauliflower Tomato Braised with Feta	Sauteed Mushrooms	Roasted Broccoli	Roasted Parmesan Corn on the Cob		
GRILL	Cajun Grilled Chicken Sandwich	BBQ Chicken Cheesesteak	Bratwurst	Grilled Ham & Cheese Sandwich	Chicken & Pepperjack Quesadilla		
FRESH STOCK	Beef Stuffed Pepper Soup	Tuscan Vegetable Soup	Cauliflower and Cheddar Soup	Creamy Asparagus and Leek Soup	Corn Bisque	Vegetarian French Onion Soup	
	Beer Cheese Soup	Beef Noodle Soup	Lemon Chicken Rice Soup	Beef Barley Soup	Italian Wedding Soup	Chicken Gumbo Soup	

DINNER

	MONDAY Sep-18	TUESDAY Sep-19	WEDNESDAY Sep-20	THURSDAY Sep-21	FRIDAY Sep-22	SATURDAY Sep-23	SUNDAY Sep-24
INSPIRED EATS	Chicken Stew with Smoked Paprika	Carrot 'Osso Buco'	Lemon Chicken with Olives	Root Vegetable Dal	Beef Tips - Allergen Friendly	Vegetable Creole	
	Roasted Asparagus	Roasted Green Beans	Baked Sweet Potato	Jasmine Rice	Mashed Potatoes - Allergen Friendly		
	Beet Salad	Mashed Potatoes - Allergen Friendly	Carrots & Green Beans	Charred Lemon Kale	Peas & Carrots	Dirty Rice - Allergen Friendly	
V2	White Bean & Lentil Burger	Potato Crust Veggie Pot Pie	Adobo BBQ Grilled Tofu	Butternut Falafel with Maple Tahini	Vegan Vegetable Chili	Mediterranean Stuffed Mushrooms	
				Tzatziki Sauce			
	Couscous with Chickpeas & Peppers	Roasted Fennel & Vegetables	Cauliflower Bok Choy Bowl	Eggplant Hummus	Vegan Cornbread	Vegan Mashed Potato	
SPOON & FORK	Roasted Broccoli	White Bean Tabbouleh	Spice Roasted Sweet Potato & Squash	Baked Seasoned Pita Chips	Mexican Chopped Salad	Roasted Garlic Herb Tomatoes	
	Chicken Alfredo Penne	Southern Fried Chicken	Kung Pao Chicken	Clam Strips Brd	Bourbon Cherry Pork Cutlets	Jamaican Style Beef Curry	
	New York Style Ratatouille	Mashed Potatoes	Vegetable Lo Mein	Brown Rice Pilaf	Mashed Potatoes	Roasted Plantain	
BRAVO	Bi Bam Bap Bowl	Bahn Mi Ramen Bowl	Cheese Pizza	Shrimp and Grits	General Tso's Bowl	Beef Cheesesteak	
			Pepperoni Pizza				
			Broccoli White Sauce Pizza			Chicken Cheesesteak	
			Ham Pepperoni Stromboli				
DELI	Buffalo Chicken Ranch Wrap	Texas Toast Grilled Cheese	Italian Focaccia	Roast Beef Cheddar Horseradish on Kaiser	Grilled Portobello Sandwich	Mediterranean Turkey Wrap	
CARVERY	BBQ Roasted Turkey Breast	Andouille	Mongolian Beef	Turkey Breast Roulade	Roast Beef with Mushroom Gravy	Braised Pork Shoulder	
	Baked Sweet Potato	Dirty Rice - Allergen Friendly	Vegetable Fried Rice	Cheddar Mashed Potatoes	Mashed Sweet Potatoes	Dirty Rice - Allergen Friendly	
	Citrus Spiced Carrots	Roasted Cabbage with Lime	Sugar Snap Peas	Balsamic Broccoli Rabe	Roasted Broccolini with Mustard Sauce	Corn & Pepper Salad	
GRILL	Coney Island Hot Dog	Sloppy Joe Sandwich	Grilled Provolone Cheese Sandwich	10:30 Burger	Gyro	Tuna Melt	
FRESH STOCK	Beef Stuffed Pepper Soup	Tuscan Vegetable Soup	Cauliflower and Cheddar Soup	Creamy Asparagus and Leek Soup	Corn Bisque	Vegetarian French Onion Soup	
	Beer Cheese Soup	Beef Noodle Soup	Lemon Chicken Rice Soup	Beef Barley Soup	Italian Wedding Soup	Chicken Gumbo Soup	

Please note this menu is subject to change. If navigating an allergy or dietary restriction, please refer to the signage at the point of service for allergen information or talk to a team member.

QUESTIONS?

Connect with us by email at dining@lafayette.edu or on Instagram @ [Lafayette_Dining](#).