

UPPER FARINON DINING HALL

January 27, 2025 TO

February 02, 2025

OPEN Monday to Friday from 8:00 am - 9:00 pm | CLOSED Sunday

BREAKFAST							
	MONDAY Jan-27	TUESDAY Jan-28	WEDNESDAY Jan-29	THURSDAY Jan-30	FRIDAY Jan-31	SATURDAY Feb-01	SUNDAY Feb-02
Breakfast	French Toast Fresh Scrambled Eggs	Tater Tots Blueberry Pancakes Bacon	Mini Spinach Frittatas Turkey Bacon	French Toast Bacon	Tater Tots Blueberry Pancakes Fresh Scrambled Eggs	Omelet Bar Broccoli Frittata Bacon	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Turkey Sausage Patty	Fresh Scrambled Eggs	Fresh Scrambled Eggs Hashbrown Patty Scrambled Egg Whites	Fresh Scrambled Eggs Pork Sausage Patty Scrambled Egg Whites Home Fried Potatoes	Turkey Sausage Patty Scrambled Egg Whites	Turkey Bacon Fresh Scrambled Eggs Scrambled Egg Whites	
	Scrambled Egg Whites	Scrambled Egg Whites					
	Home Fried Potatoes						
	Hot Oatmeal	Cream of Wheat	Hot Oatmeal	Cream of Wheat	Hot Oatmeal	Hot Grits	

LUNCH							
	MONDAY Jan-27	TUESDAY Jan-28	WEDNESDAY Jan-29	THURSDAY Jan-30	FRIDAY Jan-31	SATURDAY Feb-01	SUNDAY Feb-02
INSPIRED EATS	Asparagus Lemon Risotto w/ Arugula	Roasted Corn	Garden Wild Rice	Italian Milk Link Sausage	Roasted Zucchini & Squash Apple Cider Braised Chicken	Chef's Choice Vegetable	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Beef Burgundy	Grilled BBQ Chicken Quarters Lemon Pepper Pasta	Apricot Honey Glazed Pork Chops Roasted Cauliflower	Green Beans & Peppers Garlic Roasted Red Potatoes	Herb & Vegetable Hash w Rice		
Oven	Low Country Rice Pilaf Roasted Cauliflower Grilled Chicken Breast	Bread Stuffing Roasted Turkey Breast Green Beans w Bacon	Mashed Potatoes Braised Beef Brisket Roasted Corn	Balsamic Roasted Brussels Sprouts Herbed Baked Chicken Garlic Roasted Red	Roasted Butternut Squash Lemon Pepper Cod Lemon Dill Brown Rice	Chef's Choice	
VZ	Jasmine Rice	Sautéed Zucchini & Summer Squash	Couscous with Chickpeas and Peppers	Pinto Beans	Eggplant Casserole	Chef's Choice	
	Mongolian Tofu Roasted Broccoli	Mushroom White Bean Meatballs	Harissa Roasted Cauliflower Soy Marinated Breaded Tofu	Arroz Brasileiro Eggplant Parmesan	Vegan Bolognese Sauce Garlic & Lemon Potatoes		
BRAVO	Pasta Bar Buffalo Fried Chicken Pizza Cheese Pizza Pepperoni Pizza	Taco Bar	Pasta Bar Cheesesteak Flatbread Pizza Cheese Pizza Pepperoni Pizza	Chef's Choice	Pasta Bar BBQ Chicken Flatbread Breakfast Flatbread Buffalo Chicken Flatbread Roasted	Mashed Potato Bar	
DELI	Ham & American on Ciabatta	Chicken Bacon Caesar Wrap	Spicy Italian Panini	Turkey & Artichoke Panini	Bronzed Tomato Mozzarella Panini	Avocado Chicken Salad Wrap	
Spoon & Fork	Yellow Summer Squash Rigatoni Bolognese Baked Garlic Bread	Baked Potato Moroccan Roasted Vegetables Autumn Spice Pulled Pork	Garlic Herb Orzo Cod Scampi Lemon Green Beans	Sautéed Zucchini & Summer Squash Beef Stroganoff Buttered Egg Noodles	Black Bean & Rice Citrus Grilled Pork Loin Vegetable Saute	Chef's Choice Chef's Choice Vegetable	
GRILL	Better Cheddar Burger	Hot Dog Chili	Rachel Sandwich	Cajun Grilled Chicken Sandwich	Beef Cheesesteak Sandwich - Board Hall	Chef's Choice	
FRESH STOCK	Chicken & Rice Soup	Cuban Lentil Soup	Minestrone Soup - Gluten Friendly	Broccoli Cheddar	Cheddar Potato Soup	Chicken Corn Noodle Soup	

DINNER							
	MONDAY Jan-27	TUESDAY Jan-28	WEDNESDAY Jan-29	THURSDAY Jan-30	FRIDAY Jan-31	SATURDAY Feb-01	SUNDAY Feb-02
INSPIRED EATS	Grilled Pork Tenderloin Stewed Tomatoes	Apple Cider Braised Chicken Rosemary Roasted Potatoes	Roasted Apples & Sweet Potatoes BBQ Pulled Pork Roasted Zucchini & Squash	Blackened Chicken Breast Dirty Rice Broccoli Crown	Mashed Potatoes Carrot 'Osso Buco' Roasted Green Beans	Balsamic Broccoli Rabe Chicken Marsala Aglio E Olio Pasta	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Garlic Roasted Red Potatoes	Roasted Beets					
Oven	Cilantro Grilled Chicken Breast Dirty Rice - Allergen Friendly Sautéed Zucchini & Summer Squash	Buttered Egg Noodles Dilled Carrots Wine Marinated Beef Pot Roast	Chili Bar	Chef's Choice Vegetable Ham Brown Sugar Carver Garlic Roasted Red Potatoes	Buffalo Chicken Dip Spinach Artichoke Dip Baked Pits Chips	Blackened Beef Salad	
VZ	Beyond Meat Breakfast Sausage	Garlicky Greens and Beans Vegetarian Meatballs Roasted Zucchini & Squash	Mediterranean Stuffed Portobello Italian Roasted Potatoes Sautéed Spinach	Roasted Garlic Naan Carrot Curry with Chickpeas Quinoa Pilaf with Cranberry & Squash	Sage Roasted Tofu Spinach Kale Blend Vegan Mashed Potato	Curry Couscous and Chickpea Salad Roasted Broccoli White Bean and Lentil Burger	
	Broccoli and Garlic Pasta Ciabatta Garlic Bread						
BRAVO	Pasta Bar Buffalo Fried Chicken Pizza Cheese Pizza Pepperoni Pizza	Taco Bar	Pasta Bar Cheesesteak Flatbread Pizza Cheese Pizza Hawaiian Pizza Pepperoni Pizza	Chef's Choice	Pasta Bar Cheese Pizza Pepperoni Pizza	Chef Choice	
Grill	Chicken Parmesan Sandwich	Chicken Cheese Steak	Cubano Grilled Cheese	Chipotle Ranch Chicken Sandwich	Rachel Sandwich	American Grill Burger	
Spoon & Fork	Buttered Egg Noodles Chicken Francaise Kale Caesar Salad	Bok Choy Sesame Beef Stir Fry Egg Fried Rice	Country Style Green Beans Farro Grilled Chicken Breast	Oven Fried Chicken - Allergen Friendly Roasted Corn Creamy Mashed Potatoes	Honey Cumin Roasted Carrot Meatloaf Brown Rice Pilaf	Lo Mein Noodles Baked Salmon w Lentils & Herb Sauce Roasted Green Beans	

Please note this menu is subject to change. If navigating an allergy or dietary restriction, please refer to the signage at the point of service for allergen information or talk to a team member.

QUESTIONS?

Connect with us by email at dining@lafayette.edu or on Instagram @ [Lafayette_Dining](https://www.instagram.com/Lafayette_Dining).