

# UPPER FARINON DINING HALL

February 03, 2025 TO

February 09, 2025

OPEN Monday to Friday from 8:00 am - 9:00 pm | CLOSED Sunday

BREAKFAST							
	MONDAY Feb-03	TUESDAY Feb-04	WEDNESDAY Feb-05	THURSDAY Feb-06	FRIDAY Feb-07	SATURDAY Feb-08	SUNDAY Feb-09
Breakfast	French Toast	Tater Tots Blueberry Pancakes Bacon	Mini Spinach Frittatas Turkey Bacon	French Toast Bacon	Tater Tots Blueberry Pancakes	Omelet Bar Broccoli Frittata Bacon	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs Hashbrown Patty	Fresh Scrambled Eggs Pork Sausage Patty	Fresh Scrambled Eggs	Turkey Bacon	
	Turkey Sausage Patty Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Turkey Sausage Patty	Fresh Scrambled Eggs	
	Home Fried Potatoes			Home Fried Potatoes	Scrambled Egg Whites	Scrambled Egg Whites	
	Hot Oatmeal	Cream of Wheat	Hot Oatmeal	Cream of Wheat	Hot Oatmeal	Hot Grits	

LUNCH							
	MONDAY Feb-03	TUESDAY Feb-04	WEDNESDAY Feb-05	THURSDAY Feb-06	FRIDAY Feb-07	SATURDAY Feb-08	SUNDAY Feb-09
INSPIRED EATS	Steak & Quinoa Salad w Chimichurri	Pineapple Chili Chicken Peas & Carrots	White Turkey Chili	Pork Stir Fry - Allergen Friendly	Quinoa Chicken Power Bowl Allergy Free	Chef's Choice Vegetable	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
		Vegan Mashed Potato	Country Style Green Beans	Asian Style Cole Slaw	Roasted Sweet Potatoes		
			Brown Rice				
Oven	BBQ Roasted Half Chicken	Cheesy Meatloaf	Herb Marinated Chicken	Sweet Italian Sausage	Teriyaki Beef & Broccoli	Chef's Choice	
	Mashed Sweet Potatoes	Roasted Broccoli	Garlic Herb Orzo	Linguini w Tomato & Arugula	Vegetable Lo Mein		
	Peas & Roasted Mushrooms	Garlic Roasted Red Potatoes	Roasted Onions & Peppers				
VZ	Roasted Sweet Potatoes Corn Squash & Zucchini	BBQ Tofu Macaroni and Cheese Lemon Broccoli	Garlic Herb Orzo Vegan Meatball - Lentils	Beyond Meat Breakfast Sausage	General Tso Tempeh	Chef's Choice	
	Oven Roasted Chipotle Tofu Steaks		Greek Spinach and Quinoa	Chunky Vegetable Paella	Broccoli Cauliflower & Carrot		
				Roasted Carrots	White Rice		
BRAVO	Pasta Bar Buffalo Fried Chicken Pizza Cheese Pizza Pepperoni Pizza	Taco Bar	Pasta Bar Cheesesteak Flatbread Pizza Cheese Pizza Pepperoni Pizza	Mediterranean Hummus Bowl	Pasta Bar BBQ Chicken Flatbread Breakfast Flatbread Buffalo Chicken Flatbread Roasted	Chef's Choice	
DELI	Ham & Cheese Sammie	Egg Salad on Croissant	Roast Beef Cheddar Horseradish on Kaiser	Veggie Avocado Hummus on Ciabatta	BLT on Sourdough	Turkey Caprese Baguette	
Spoon & Fork	Andouille Jambalaya Pasta	Broccoli Crown Tuscan Oven Baked Ziti Baked Garlic Bread	Brown Sugar Glazed Ham	BBQ Spiced Chicken	Egg Roll Vegetable 1 Oz Fz	Chef's Choice	
	Buttermilk Cornbread		Cheddar Mashed Potatoes	BBQ Vegetarian Baked Beans	Teriyaki Grilled Chicken		
	Corn Squash & Zucchini		Corn On The Cob	Kickin' Collard Greens	Vegetable Fried Rice		
GRILL	Patty Melt	Grilled Ham and Cheese	Basil Tomato and Mozzarella Sandwich	Bacon Egg & Cheese Sandwich	Quesadilla - Chicken	Chef's Choice	
FRESH STOCK	White Turkey Chili	Tomato Basil Soup	Split Pea and Ham Soup	Chicken Noodle Soup	New England Clam Chowder	Hearty Beef Lentil Soup	
			Chef's Choice				

DINNER							
	MONDAY Feb-03	TUESDAY Feb-04	WEDNESDAY Feb-05	THURSDAY Feb-06	FRIDAY Feb-07	SATURDAY Feb-08	SUNDAY Feb-09
INSPIRED EATS	Sofrito Chicken	Chopped Pork	Turkey Meatloaf	Chef's Choice Vegetable	Italian Roasted Potatoes	Roasted Garlic Rosemary Chicken	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Collard Greens Salad	Pozole De Frijole	Lemon Green Beans	Black Bean Burger	Roasted Garlic Rosemary Chicken	BBQ Vegetarian Baked Beans	
	Boiled Yukon Gold Potatoes	Vegan Cornbread	Brown Rice and Quinoa	Roasted Red Potatoes Dijon Red Potato Salad	Roasted Cauliflower	Kickin' Collard Greens	
Oven	Chicken & Biscuit Bowl	Cauliflower Roast Beef with Mushroom Gravy	Broccoli Crown	BBQ Pulled Pork	Beefy Mac Bowl	Sloppy Joe Sandwich	
	Southern Style Succotash	Roasted New Potatoes	Teriyaki Grilled Chicken	Kickin' Collard Greens		Mashed Potatoes	
			Jasmine Rice Ginger Pilaf	Creamy Macaroni & Cheese		Corn	
VZ	Churrasco Tofu Steak	Roasted Cauliflower Pasta	Slo Smok Smoky BBQ Tempeh	Vegan Chick'n Tenders	Coconut Ginger Curry	Vegetable Creole Dirty Rice	
	Garlicky Greens and Beans	Country Style Green Beans	Sauteed Snow Peas & Peppers	Sauteed Squashes and Peppers	Sweet Chili Eggplant		
	Roasted Sweet Potato w Coconut & Lime	Roasted Cherry Tomato	Corn Cakes	Vegan Mashed Potato	Thai Coconut Rice		
BRAVO	Pasta Bar Buffalo Fried Chicken Pizza Cheese Pizza Pepperoni Pizza	Taco Bar	Pasta Bar Cheesesteak Flatbread Pizza Cheese Pizza Hawaiian Pizza Pepperoni Pizza	Chef's Choice	Pasta Bar Cheese Pizza Pepperoni Pizza	Chef Choice	
Grill	Grilled Ham and Cheese	Bratwurst	Cajun Turkey Burger	Cheesy scrambled Eggs French Toast	Rachel Sandwich	American Grill Burger	
Spoon & Fork	Smoked BBQ Rubbed Brisket	Chicken Francaise	Grilled Chicken Marsala	Beef Pot Roast & Gravy	Mexican Red Rice	Chef's Choice	
	Cheddar Mashed Potatoes	Balsamic Roasted Brussels Sprouts	Roasted Asparagus	Garlicky Greens and Beans	Calabacitas a la Mexicana		
	Corn On The Cob	Basmati Rice Pilaf	Linguine Aglio E Olio	Roasted Red Potatoes	Chili Lime Pulled Chicken		

Please note this menu is subject to change. If navigating an allergy or dietary restriction, please refer to the signage at the point of service for allergen information or talk to a team member.

### QUESTIONS?

Connect with us by email at [dining@lafayette.edu](mailto:dining@lafayette.edu) or on Instagram @Lafayette\_Dining.