UPPER FARINON DINING HALL

Please note: some menu options may be substituted

May 12, 2025 May 18, 2025 TO

OPEN Monday to Friday from 7:00 am - 9:00 pm | **CLOSED** Sunday

| BREAKFAST | | | | | | | | |
|--------------|--|--|--|--|--|--|---|--|
| | MONDAY May-12 | tuesday May-13 | wedneday May-14 | thursday May-15 | FRIDAY May-16 | SATURDAY May-17 | SUNDAY May-18 | |
| SPOON & FORK | French Toast | Blueberry Pancakes | Mini Spinach Frittatas | French Toast | Blueberry Pancakes | Broccoli Frittata | Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons. | |
| | Turkey Sausage Patty | Bacon | Turkey Bacon | Bacon / Pork Sausage Patty | Turkey Sausage Patty | Bacon / Turkey Bacon | | |
| | Home Fried Potatoes | Tater Tots | Hashbrown Patty | Home Fried Potatoes | Tater Tots | Omelet Bar | | |
| | Hot Oatmeal | Cream of Wheat | Hot Oatmeal | Cream of Wheat | Hot Oatmeal | Hot Grits | | |
| | Fresh Scrambled Eggs / Scrambled Egg Whites | | |

| | | | | LUNCH | | | | |
|---------------|---------------------------------------|-------------------------------------|--------------------------------------|--------------------------------------|-------------------------------------|--------------------------------------|--|--|
| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY | |
| | May-12 | May-13 | May-14 | May-15 | May-16 | May-17 | May-18 | |
| INSPIRED EATS | Asparagus Lemon Risotto w/ Arugula | Roasted Corn | Garden Wild Rice | Italian Milk Link Sausage | Roasted Zucchini & Squash | Chef's Choice Vegetable | Join us at | |
| | Beef Burgundy | Grilled BBQ Chicken Quarters | Apricot Honey Glazed Pork Chops | Green Beans & Peppers | Apple Cider Braised Chicken | Chef's Choice | | |
| | | Lemon Pepper Pasta | Roasted Cauliflower | Garlic Roasted Red Potatoes | Herb & Vegetable Hash w/ Rice | | at | |
| | Low Country Rice Pilaf | Bread Stuffing | Mashed Potatoes | Balsamic Roasted Brussels Sprouts | Roasted Butternut Squash | Chef's Choice Vegetable | Marquis | |
| 0ven | Roasted Cauliflower | Roasted Turkey Breast | Braised Beef Brisket | Herbed Baked Chicken | Lemon Pepper Cod | Chef's Choice | | |
| | Grilled Chicken Breast | Green Beans w Bacon | Roasted Corn | Garlic Roasted Red Peppers | Lemon Dill Brown Rice | | Dining | |
| | Jasmine Rice | Sautéed Zucchini & Summer Squash | Couscous w/ Chickpeas and Peppers | Pinto Beans | Eggplant Casserole | Chef's Choice Vegetable | H Di | |
| ٧2 | Mongolian Tofu | Mushroom White Bean Meatballs | Harissa Roasted Cauliflower | Arroz Brasiliero | Vegan Bolognese Sauce | Chef's Choice | Hall, | |
| | Roasted Broccoli | | Soy Marinated Breaded Tofu | Eggplant Parmesan | Garlic & Lemon Potatoes | | Gil | |
| | Pasta Bar | Taco Bar | Pasta Bar | Chef's Choice | Pasta Bar | Mashed Potato Bar | bert's | |
| BRAVO | Buffalo Chicken Pizza | | Cheesesteak Flatbread Pizza | | BBQ Chicken Flatbread | | | |
| BR | Cheese Pizza | | Cheese Pizza | | Breakfast Flatbread | | Café | |
| | Pepperoni Pizza | | Pepperoni Pizza | | Buffalo Chicken Flatbread | | or | |
| DELI | Ham & American on Ciabatta | Chicken Bacon Caesar Wrap | Spicy Italian Panini | Turkey & Artichoke Panini | Bronzed Tomato Mozzarella Panini | Avocado Chicken Salad Wrap | Lower | |
| Spoon & Fork | Yellow Summer Squash | Baked Potato | Garlic Herb Orzo | Sautéed Zucchini & Summer Squash | Black Bean & Rice | Chef's Choice Vegetable | ver | |
| | Rigatoni Bolognese | Moroccan Roasted Vegetables | Cod Scampi | Beef Stroganoff | Citrus Grilled Pork Loin | Chef's Choice | Farinon | |
| Spc | Baked Garlic Bread | Autumn Spice Pulled Pork | Lemon Green Beans | Buttered Egg Noodles | Vegetable Saute | | | |
| GRILL | Better Cheddar Burger | Hot Dog Chili | Rachel Sandwich | Cajun Grilled Chicken Sandwich | Beef Cheesesteak Sandwich | Chef's Choice | | |
| FRESH STOCK | Chicken & Rice Soup | Cuban Lentil Soup | Minestrone Soup - Gluten Friendly | Broccoli Cheddar | Cheddar Potato Soup | Chicken Corn Noodle Soup | Commons. | |
| FRESH | Chef's Choice | Chef's Choice | Chef's Choice | Chef's Choice | Chef's Choice | Chef's Choice | • | |
| | | | | DINNER | | | | |
| | MONDAY May-12 | TUESDAY May-13 | wednesday May-14 | THURSDAY May-15 | FRIDAY May-16 | SATURDAY May-17 | sunday May-18 | |
| ATS: | Grilled Pork Tenderloin | Apple Cider Braised Chicken | Roasted Apples & Sweet Potatoes | Blackened Chicken Breast | Mashed Potatoes | Balsamic Broccoli Rabe | Join us at Marquis Dining Gilbert's Café or Lower F Commons. | |
| INSPIRED EATS | Stewed Tomatoes | Rosemary Roasted Potatoes | BBQ Pulled Pork | Dirty Rice | Carrot 'Osso Buco' | Chicken Marsala | | |
| Z | Garlic Roasted Red Potatoes | Roasted Beets | Roasted Zucchini & Squash | Broccoli Crown | Roasted Green Beans | Aglio E Olio Pasta | | |
| Oven | Cilantro Grilled Chicken Breast | Buttered Egg Noodles | Chili Bar | Chef's Choice Vegetable | Buffalo Chicken Dip | Blackened Beef Salad | | |
| | Dirty Rice - Allergen Friendly | Dilled Carrots | | Ham Brown Sugar Carver | Spinach Artichoke Dip | | | |
| | Sauteed Zucchini & Summer Squash | Wine Marinated Beef Pot Roast | | Garlic Roasted Red Potatoes | Baked Pits Chips | Honey Glazed Carrots | | |
| | Beyond Meat Breakfast Sausage | Garlicky Greens and Beans | Mediterranean Stuffed Portobello | Roasted Garlic Naan | Sage Roasted Tofu | Curry Couscous and Chickpea Salad | | |
| ٧2 | Broccoli and Garlic Pasta | Vegetarian Meatballs | Italian Roasted Potatoes | Carrot Curry with Chickpeas | Spinach Kale Blend | White Bean and Lentil Burger | | |
| | Ciabatta Garlic Bread | Roasted Zucchini & Squash | Sautéed Spinach | Quinoa Pilaf w/Cranberry & Squash | Vegan Mashed Potato | Corn On The Cob | | |
| BRAVO | Pasta Bar | Taco Bar | Pasta Bar | Mediterranean Hummus Bowl | Pasta Bar | Mashed Potato Bar | | |
| | Buffalo Chicken Pizza | | Cheesesteak Flatbread Pizza | | Hawaiian Pizza | | ng Hall, Farinon | |
| | Cheese Pizza | | Cheese Pizza | | Cheese Pizza | | all, non | |
| | Pepperoni Pizza | | Pepperoni Pizza | | Pepperoni Pizza | | | |
| Grill | Chicken Parmesan Sandwich | Chicken Cheese Steak | Cubanno Grilled Cheese | Chipotle Ranch Chicken Sandwich | Rachel Sandwich | American Grill Burger | | |

| Spoon & Fork | Buttered Egg Noodles | Bok Choy | Country Style Green Beans | Oven Fried Chicken - Allergen Friendly | Honey Cumin Roasted Carrot | Lo Mein Noodles |
|--------------|----------------------|----------------------|---------------------------|---|----------------------------|---|
| | Chicken Francaise | Sesame Beef Stir Fry | Farro | Roasted Corn | Meatloaf | Baked Salmon w/ Lentils & Herb Sauce |
| | Kale Caesar Salad | Egg Fried Rice | Grilled Chicken Breast | Creamy Mashed Potatoes | Brown Rice Pilaf | Roasted Green Beans |

Please note this menu is subject to change. If navigating an allergy or dietary restriction, please refer to the signage at the point of service for allergen information or talk to a team member.

QUESTIONS?

Connect with us by email at **dining@lafayette.edu** or on Instagram @ Lafayette_Dining.