

UPPER FARINON DINING HALL

Please note: some menu options may be substituted
September 15, 2025 TO September 21, 2025

OPEN Monday to Friday from 8:00 am - 9:00 pm | CLOSED Sunday

BREAKFAST													
MONDAY Sept-15		TUESDAY Sept-16		WEDNESDAY Sept-17		THURSDAY Sept-18		FRIDAY Sept-19		SATURDAY Sept-20		SUNDAY Sept-21	
SPOON & FORK	French Toast	Blueberry Pancakes	Mini Spinach Frittatas	French Toast	Blueberry Pancakes	Broccoli Frittata	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.						
	Turkey Sausage Patty	Bacon	Turkey Bacon	Bacon / Pork Sausage Patty	Turkey Sausage Patty	Bacon / Turkey Bacon							
	Home Fried Potatoes	Tater Tots	Hashbrown Patty	Home Fried Potatoes	Tater Tots	Omelet Bar							
	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs							
	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites							

LUNCH							
MONDAY Sept-15		TUESDAY Sept-16	WEDNESDAY Sept-17	THURSDAY Sept-18	FRIDAY Sept-19	SATURDAY Sept-20	SUNDAY Sept-21
INSPIRED EATS	Braised Beef Brisket	Adobo BBQ Grilled Tofu	Chicken Cacciatore	Basmati Rice	Beef Tips	Chef's Choice Vegetable	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Dilled Summer Squash	BBQ Vegetarian Baked Beans	Lemon Green Beans	Channa Masala	Parslied Potatoes	Chef's Choice	
	Boiled Yukon Gold Potatoes	Roasted Garlic Vegetables	Roasted Red Potatoes	Fresh Spinach & Garlic	Cumin Curry Cilantro Roasted Squash		
Oven	Broccoli and Garlic Pasta	Smokey Pulled Chicken	Beef Pepper Steak	Herb Chicken Parmesan	Beef Pot Roast & Gravy	Chef's Choice Vegetable	
	Hot Italian Sausage Sandwich	Montreal Roasted Vegetables	White Rice	Balsamic Roasted Brussels Sprouts	Baby Carrots	Chef's Choice	
		Jerk Cabbage Slaw	Corn and Black Bean Salad	Creamy Mashed Potatoes	Buttered Egg Noodles		
V2	Vegan Sausage Mushroom Etoufee	Artichoke & Spinach Lasagna	Sweet Potato Broccoli Stir Fry	Black Bean Cakes	Cauliflower Bok Choy Bowl	Chef's Choice Vegetable	
	Sauteed Kale & Tomato w/ Garlic	Red Pepper Spice Roasted Broccoli	General Tso' Tofu & Broccoli	Brown Rice and Quinoa	Spicy Thai Basil Tofu	Chef's Choice	
	Dirty Rice - Allergen Friendly	Broccoli Cauliflower & Carrot	Sautéed Green Beans & Onions	Cornbread Casserole			
BRAVO	Pasta Bar	Taco Bar	Pasta Bar	Mac & Cheese Bowl	Pasta Bar	Pasta Bar	
	Cheese Pizza		Cheese Pizza		Flatbread Italian	Cheese Pizza	
	Pepperoni Pizza		Pepperoni Pizza		Banana Pepper & Olive Flatbread	Pepperoni Pizza	
	Buffalo Fried Chicken Pizza				Caramelized Pear & Chicken Flatbread		
DELI	Italian & Provolone Hoagie	Buffalo Chicken Ranch Wrap	BLT Chicken Sandwich	Tuna Salad & American on Wheat	Chicken Caesar Wrap	Ham & Swiss Cheese Sandwich	
Spoon & Fork	Roasted Cabbage w/ Lime	Cheesy Potatoes	Cauliflower	Butter Chicken	Broccoli Crown	Chef's Choice Vegetable	
	Jerk Chicken	Glazed Ham	Slo Smok BBQ Pork Ribs	Basmati Rice	Egg Fried Rice	Chef's Choice	
	Black Beans & Rice	Roasted Broccoli	Maple Roasted Sweet Potatoes	Roasted Zucchini & Squash	Teriyaki Grilled Chicken		
GRILL	10:30 Burger	Pierogies with Onions Slo Smok Kielbasa Sauerkraut	Rachel Sandwich	5 Cheese Grilled Cheese	Gyro	Cheesy Scrambled Egg Hashbrowns Pork Sausage Patty	
FRESH STOCK	Chicken Corn Noodle Soup	Cream of Spinach Soup	Vegan Creamy Tomato Soup	Curried Sweet Potato Soup	Navy Bean Soup	Hawaiian Chicken Chili	
	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	

DINNER							
MONDAY Sept-15		TUESDAY Sept-16	WEDNESDAY Sept-17	THURSDAY Sept-18	FRIDAY Sept-19	SATURDAY Sept-20	SUNDAY Sept-21
INSPIRED EATS	Roast Pork with Gravy	Roasted Garlic Rosemary Chicken	BBQ Spiced Chicken	Garlicky Greens and Beans	Chunky Vegetable Paella	Cuban Chicken Stew	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
	Dilled Carrots	Roasted Fennel and Vegetables	Herbed Celery Potato Salad	Jerk Chicken - Allergen Friendly	Garlicky Greens and Beans	Fried Jerk Plantain	
	Roasted Yukon Potatoes	Brown Rice and Quinoa	Quinoa Vegetable Salad	Lemon Herb Rice	Roasted Chicken Breast		
Oven	Cauliflower	Cuban Pork Roast w/ Rice & Beans	Quinoa	Broccoli Crown	Bok Choy	Barbeque Beef Brisket	
	Chicken Breast & Roasted Vegetables	Roasted Plantain	Beef Pepper Steak	Seasoned Shredded Pork	Brazilian Shrimp Stew	Spicy Roasted Red Potatoes	
	Penne Pasta		Sweet Chili Eggplant	Black Beans & Rice	Brown Rice Pilaf	Honey Glazed Carrots	
V2	Southwest Grilled Tofu	Coconut Chickpea Curry	Roasted Tomato & Vegetable Risotto - Allergen Friendly	Black Bean Tofu Chili	Broccoli and Garlic Pasta	General Tso's Tempeh	
	Grilled Lemon Asparagus	Green Peas	Sage Roasted Tofu	Creamed Spinach & Mushrooms	Tofu Puttanesca	Green Beans w/ Mushrooms & Tomatoes	
	Lemon Dill Brown Rice	Basmati Rice Pilaf	Charred Lemon Kale	Brown Rice	Roasted Green Beans	Sweet Chili Rice Noodle Salad	
BRAVO	Pasta Bar	Taco Bar	Pasta Bar	Mac & Cheese Bowl	Pasta Bar	Buddha Bowl Bar	
	Buffalo Fried Chicken Pizza		Margherita Pizza		Buffalo Chicken Flatbread		
	Cheese Pizza		Cheese Pizza		Pepperoni Flatbread		
	Pepperoni Pizza		Pepperoni Pizza		Three Cheese Flatbread		
Grill	BBQ Chicken Cheesesteak	Tuna Melt on Sourdough	Chicken Fajita Wrap	Grilled Muenster Cheese Sandwich	Texas Cheeseburger	Grilled Ham & Cheese Sandwich	
Spoon & Fork	Beef Burgundy	White Rice	Chicken Pot Pie	Cheese Ravioli	Chicken Cacciatore Italiano	Creamy Cajun Shrimp Pasta	
	Italian Roasted Potatoes	Chipotle Turkey Chili	Montreal Roasted Vegetables	Blush Marinara Sauce	Garlic Mashed Potatoes	Penne Pasta with Sundried Tomatoes	
	Green Beans & Peppers	Roasted Corn	Creamy Mashed Potatoes	Broccoli & Cauliflower	Zucchini Pomadora	Honey Glazed Carrots	

Please note this menu is subject to change. If navigating an allergy or dietary restriction, please refer to the signage at the point of service for allergen information or talk to a team member.

QUESTIONS?
Connect with us by email at dining@lafayette.edu or on Instagram @ [Lafayette_Dining](#).