Please note: some menu options may be substituted October 6, 2025 TO October 12, 2025

OPEN Monday to Friday from 8:00 am - 9:00 pm | CLOSED Sunday

				BREAKFAST			
	MONDAY Oct-6	TUESDAY Oct-7	wedneday Oct-8	thursday Oct-9	FRIDAY Sept-10	SATURDAY Sept-11	SUNDAY Sept-12
	French Toast	Blueberry Pancakes	Mini Spinach Frittatas	French Toast	Blueberry Pancakes	Broccoli Frittata	Join us at Marquis Dining Hall, Gilbert's Café or Lower Farinon Commons.
SPOON & FORK	Turkey Sausage Patty	Bacon	Turkey Bacon	Bacon / Pork Sausage Patty	Turkey Sausage Patty	Bacon / Turkey Bacon	
	Home Fried Potatoes	Tater Tots	Hashbrown Patty	Home Fried Potatoes	Tater Tots	Omelet Bar	
	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs	Fresh Scrambled Eggs	
	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	Scrambled Egg Whites	

			LUNCH			
MONDAY Oct-6	TUESDAY Oct-7	wednesday Oct-8	thursday Oct-9	FRIDAY Sept-10	SATURDAY Sept-11	sunday Sept-12
Orange Beef Stir Fry	"Soy" Ginger Pulled Jackfruit - Allergen Friendly	Chopped Steak Plate	Grilled Chicken Salad w/ White Beans	Rosemary Pork Chop	Chef's Choice Vegetable	_
Snow Pea & Pepper Saute - Allergen Friendly	Cauliflower Tomato Braised Vegan		Herbed Celery Potato Salad	Potatoes O' Brien	Chef's Choice	oin us
Brown Rice	Lentil Spinach Salad			Sautéed Mushrooms		at Marquis Dining Hall, Gi
Rotisserie Baked Chicken	Roasted Pork Loin w/ Caramelized Apples	Cajun Chicken Thigh	Meatloaf	Grilled BBQ Chicken Quarters	Chef's Choice Vegetable	
Corn On The Cob	Mashed Sweet Potatoes	Corn Squash & Zucchini	Garlic Mashed Potatoes	Maple Roasted Sweet Potatoes	Chef's Choice	
Dirty Rice - Allergen Friendly	Spinach & Garlic	Spanish Rice	Country Style Green Beans	Oven Roasted Spiced Carrots		
Coconut Chickpea Curry	Corn Cakes w/ Zucchini Salsa	BBQ Tempeh	Parslied Potatoes	Broccoli Crown	Chef's Choice Vegetable	
Green Peas	Roasted Zucchini & Squash	Maple Roasted Sweet Potatoes	Egyptian Eggplant with Chickpeas Herbs	Southern Fried Tofu	Chef's Choice	
Basmati Rice Pilaf	Roasted Corn Salsa	Kickin' Collard Greens	Green Beans w/ Mushrooms & Tomatoes	Roasted Apples & Sweet Potatoes		
Pasta Bar	Taco Bar	Pasta Bar	Mac & Cheese Bowl	Pasta Bar	Pasta Bar	lbert'
Cheese Pizza		Cheese Pizza		Breakfast Flatbread	Cheese Pizza	7
Pepperoni Pizza		Pepperoni Pizza		BBQ Chicken Flatbread	Pepperoni Pizza	Café
Buffalo Fried Chicken Pizza				Blue Cheese Onion & Apple Flatbread		e O
Italian Focaccia Sandwich	Buffalo Chicken Ranch Wrap	Grilled Portobello Mushroom Sandwich	Mediterranean Turkey Wrap	Roast Beef & Cheddar on Pretzel Bun	Italian Hoagie Sandwich	
Loaded Chicken Bowl	BBQ Roasted Half Chicken	Marinated Turkey Cutlet	Basil Pasta	Shrimp Creole with Rice	Chef's Choice Vegetable	Lower Farinon
Biscuits	Brown Rice Pilaf	Bread Stuffing	Chicken Parmesan	Crostini	Chef's Choice	
Roasted Zucchini & Squash	Lemon Green Beans	Maple Glazed Carrots	Baked Garlic Bread	Vegetable Saute		
American Grill Burger	Sausage Egg & Cheese Breakfast Sandwich	Bratwurst	Grilled Ham and Cheese	Chicken & Pepperjack Quesadilla	Cheesy Scrambled Egg Hashbrowns Pork Sausage Patty	Com
Chicken Corn Noodle Soup	Cream of Broccoli - Gluten Friendly	Beef Stuffed Pepper Soup	Beef Barley Soup	Italian Wedding Soup	Chicken Gumbo Soup	ommons
Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	Chef's Choice	S

				DINNER			
	MONDAY Oct-6	TUESDAY Oct-7	wednesday Oct-8	THURSDAY Oct-9	FRIDAY Oct-10	SATURDAY Oct-11	SUNDAY Oct-12
INSPIRED EATS	Black Beans & Rice	Chicken Curry - Allergen Friendly	Beef Tips	Chicken Marsala	Italian Roast Pork Sandwich	Honey Chili Chicken	
	Chipotle Turkey Chili	Sautéed Snow Peas & Peppers	Roasted Red Potatoes	Garlic Herb Orzo	Roasted Carrots & Mushrooms	Roasted Sweet Potatoes	
	Corn & Green Chiles	Basmati Rice Pilaf	Peas & Carrots	Green & Yellow Squash	Garlic Roasted Red Potatoes	Green Beans	
Oven	Andouille	Quinoa	Bulgur	Snow Peas	Turkey Breast Roulade	General Tso's Tempeh	
	Roasted Cabbage w/ Lime	Thai Red Curry Chicken	Teriyaki Grilled Chicken	Gochujang Pork	Cheddar Mashed Potatoes	Brown Rice and Quinoa	Join us (Gilbert's
	Dirty Rice - Allergen Friendly	Spinach & Garlic	Jalapeno & Lime Sugar Snap Peas	Rice Noodles	Balsamic Broccoli Rabe	Peas & Carrots	\mathbf{Q}
٧2	Potato Crust Veggie Pot Pie	Adobo BBQ Grilled Tofu	Artichoke Parmesan Pasta Salad	Baked Seasoned Pita Chips	Vegan Vegetable Chili	Vegetable Couscous	\ <i>\</i>
	White Bean Tabbouleh	Roasted Squashes	Roasted Cherry Tomato	Butternut Falafel w/ Maple Tahini	Red Beans & Rice	Roasted Broccoli	nma or
		Maple Roasted Sweet Potatoes	Braised Greens	Eggplant Hummus	Mexican Corn Salad	White Bean and Lentil Burger	
BRAVO	Pasta Bar	Taco Bar	Pasta Bar	Mac & Cheese Bowl	Pasta Bar	Buddha Bowl Bar	
	Buffalo Fried Chicken Pizza		White Pizza		Taco Flatbread		g H Fari
	Cheese Pizza		Cheese Pizza		Italian Flatbread		Hall, arinon
	Pepperoni Pizza		Pepperoni Pizza		Three Cheese Flatbread		
Grill	Provolone Cheesesteak	Sloppy Joe Sandwich	Bacon Avocado Grilled Cheese	BBQ Chicken Sandwich	Black & Blue Burger	BLT Chicken Sandwich	
Spoon & Fork	Chicken Alfredo Penne	Cantonese Vegetable Stir Fry	Roasted Pork Loin w/ Caramelized Apples	Jamaican Style Beef Curry	Baked Parmesan Haddock	Orange Chicken Stir Fry	
	Baked Garlic Bread	Kung Pao Chicken	Roasted Asparagus	Jerk Cabbage Slaw	Baked Potato	Sugar Snap Peas	
	Ratatouille	Vegetable Lo Mein	Creamy Mashed Potatoes	Roasted Plantain	Southern Style Succotash	Basmati Rice Pilaf	