Please note: some menu options may be substituted November 17, 2025 TO November 23, 2025

**OPEN** Monday to Friday from 8:00 am - 9:00 pm | **CLOSED** Sunday

|              | BREAKFAST               |                          |                        |                               |                         |                           |   |  |  |  |  |
|--------------|-------------------------|--------------------------|------------------------|-------------------------------|-------------------------|---------------------------|---|--|--|--|--|
|              | MONDAY<br><b>Nov-17</b> | TUESDAY<br><b>Nov-18</b> | WEDNEDAY <b>Nov-19</b> | THURSDAY Nov-20               | FRIDAY<br><b>Nov-21</b> | SATURDAY<br><b>Nov-22</b> | SUNDAY<br>Nov-23  |  |  |  |  |
| SPOON & FORK | French Toast            | Blueberry Pancakes       | Mini Spinach Frittatas | French Toast                  | Blueberry Pancakes      | Broccoli Frittata         | Join us at Marquis<br>Dining Hall, Gilbert's<br>Café or Lower Farinon<br>Commons. |  |  |  |  |
|              | Turkey Sausage Patty    | Bacon                    | Turkey Bacon           | Bacon / Pork<br>Sausage Patty | Turkey Sausage Patty    | Bacon / Turkey<br>Bacon   |   |  |  |  |  |
|              | Home Fried Potatoes     | Tater Tots               | Hashbrown Patty        | Home Fried Potatoes           | Tater Tots              | Omelet Bar                |   |  |  |  |  |
|              | Fresh Scrambled Eggs    | Fresh Scrambled Eggs     | Fresh Scrambled Eggs   | Fresh Scrambled Eggs          | Fresh Scrambled Eggs    | Fresh Scrambled Eggs      |   |  |  |  |  |
|              | Scrambled Egg Whites    | Scrambled Egg Whites     | Scrambled Egg Whites   | Scrambled Egg Whites          | Scrambled Egg Whites    | Scrambled Egg Whites      |   |  |  |  |  |

|               |   |   |                                      | LUNCH   |  |  |                   |
|---------------|---|---|--------------------------------------|---|--|--|-------------------|
|               | MONDAY  | TUESDAY                                 | WEDNESDAY                            | THURSDAY  | FRIDAY                                   | SATURDAY   | SUNDAY            |
|               | Nov-17  | Nov-18                                  | Nov-19                               | Nov-20  | Nov-21                                   | Nov-22   | Nov-23            |
| INSPIRED EATS | BBQ Spiced Chicken                                    | Pineapple Baked Ham                     | Sweet Potato Hash                    | Penne Pasta - Allergen<br>Friendly                    | Kielbasa                                 | Chef's Choice Vegetable                                  | ٦                 |
|               | Spicy Roasted Red<br>Potatoes                         | Peas & Carrots                          | Fresh Corn Succotash                 | Pomodoro Sauce<br>Beef Meatballs - Gluten<br>Friendly | Dijon Red Potato Salad                   | Chef's Choice  | oin us            |
|               | Quinoa Vegetable Salad                                | Vegan Mashed Potato                     | Chili Lime<br>Pulled Chicken         | Roasted Garlic Basil<br>Vegetables                    | Dilled Cucumber Salad                    |  | <u>α</u><br>≯     |
| 0ven          | Roast Pork with Gravy                                 | Slo Smok BBQ Quarter<br>Chicken         | Beef Pepper Steak                    | Shredded Chicken                                      | Blackened Tilapia                        | Chef's Choice Vegetable                                  | Marquis           |
|               | Garlic Mashed Potatoes                                | Kickin' Collard Greens                  | Cilantro White Rice                  | Corn & Green Chiles                                   | Garden Wild Rice                         | Chef's Choice  |                   |
|               | Sautéed Cabbage and<br>Apples                         | Creamy Macaroni Salad                   | Roasted Plantain                     | Black Beans & Rice                                    | Roasted Zucchini &<br>Squash             |  | Dining            |
| ٧2            | Pinto Bean & Jackfruit<br>Taquito - Allergen Friendly | Adobo BBQ Grilled<br>Tofu               | New York Style Ratatouille           | Tofu with Szechuan<br>Vegetables                      | General Tso' Tofu &<br>Broccoli          | Chef's Choice Vegetable                                  |                   |
|               | Corn & Green Chiles                                   | BBQ Vegetarian Baked<br>Beans           | Vegan Chicken<br>Nugget              | Stir Fried Carrots with<br>Mango & Ginger             | Grilled Bok Choy                         | Chef's Choice  | Hall,             |
|               | Cilantro Brown Rice                                   | Vegetable Saute                         | Broccoli Normandy                    | Jasmine Rice Ginger<br>Pilaf                          | Brown Rice                               |  | ,<br>G <u>:</u> i |
| 0/            | Pasta Bar   | Taco Bar                                | Pasta Bar                            | Mac & Cheese Bowl                                     | Pasta Bar                                | Pasta Bar  | lbert's           |
|               | Cheese Pizza  |   | Cheese Pizza                         |   | Pork BBQ Flatbread                       | Cheese Pizza   | _                 |
| BRAVO         | Pepperoni Pizza                                       |   | Pepperoni Pizza                      |   | White Spinach Artichoke<br>Flatbread     | Pepperoni Pizza  | Cafe              |
|               | Buffalo Fried Chicken Pizza                           |   |                                      |   | Taco Flatbread                           |  | e<br>Or           |
| DELI          | Turkey & American Tomato<br>Wrap                      | BLT on White                            | Egg Salad & American on<br>Croissant | Chicken Salad & Cheddar<br>Jalapeno Wrap              | Hawaiian Pork Sandwich                   | Chicken Fajita Wrap                                      |                   |
| Spoon & Fork  | Grilled Chicken Marsala                               | Herbed Chicken Stew & Dumplings         | Fried Haddock                        | BBQ Pulled Beef                                       | Shredded Chicken w/ Carnita<br>Spice Rub | Chef's Choice Vegetable                                  | Lower             |
|               | Penne with Tomato and<br>Garlic                       | Buttered Egg Noodles                    | Macaroni and Cheese                  | Smoky Three Bean Baked<br>Beans                       | Elote Mexican Street Corn                | Chef's Choice  | Farinon           |
|               | Grilled Asparagus                                     |   | Country Style Green Beans            | Green Peas  | Spanish Rice                             |  | inon              |
| GRILL         | American Grill Burger                                 | Grilled Portobello<br>Mushroom Sandwich | Buffalo Turkey Burger                | Reuben Sandwich                                       | Grilled Gouda<br>Sandwich                | Cheesy Scrambled Egg<br>Hashbrowns<br>Pork Sausage Patty | $\circ$           |
| FRESH STOCK   | Tuscan Vegetable Soup                                 | Lemon Chicken Rice Soup                 | Beer Cheese Soup                     | Creamy Asparagus and<br>Leek Soup                     | Corn Bisque                              | French Onion Soup  | ommons.           |
|               | Chef's Choice   | Chef's Choice                           | Chef's Choice                        | Chef's Choice   | Chef's Choice                            | Chef's Choice  | Š                 |

|               |   |   |  | DINNER  |  |                                     |                                   |
|---------------|---|---|--|---|--|-------------------------------------|-----------------------------------|
|               | MONDAY<br><b>Nov-17</b>                 | TUESDAY<br><b>Nov-18</b>                    | wednesday<br>Nov-19                                      | THURSDAY<br>Nov-20                              | FRIDAY<br><b>Nov-21</b>                        | SATURDAY<br><b>Nov-22</b>           | SUNDAY<br><b>Nov-23</b>           |
| INSPIRED EATS | Adobe Roast Pork -<br>Allergen Friendly | Creamy Mashed<br>Cauliflower and Kale       | Cauliflower  | Asparagus                                       | Orange Beef Stir Fry                           | Cilantro Grilled Chicken<br>Breast  |                                   |
|               | Roasted Mexican Sweet<br>Potatoes       | Fiesta Roasted<br>Chicken                   | Garlic Herb Crusted Pork<br>Roast                        | Sausage Broccoli Pasta -<br>Allergen Friendly   | Snow Pea & Pepper Saute<br>- Allergen Friendly | Arroz Brasiliero                    |                                   |
|               | Spanish Rice & Cauli Bowls              | Creamy Polenta -<br>Allergen Friendly       | Polenta Pie with Rice Beans<br>Salsa - Allergen Friendly |   | Brown Rice                                     | Chipotle Black Beans                |                                   |
| Oven          | Andouille                               | Cajun Turkey - Allergen<br>Friendly         | Brown Sugar Glazed Ham                                   | Garlic Mashed Potatoes                          | Chickpea Butter Curry                          | Herb Roasted Salmon                 | 0.                                |
|               | Rice Pilaf                              | Seasoned Sweet Potato<br>Wedges             | Creamy Mashed Potatoes                                   | Roasted Top Round - Gold<br>Standard            | Grilled Chicken Breast                         | Garlic Herb Orzo                    | Join us (<br>Gilbert's            |
|               | Corn & Green Chiles                     | Country Style Green Beans                   | Chile Lime Roasted<br>Veggie Bowl                        | Vegetable Saute                                 | Cauliflower<br>Spicy Sweet Potatoes            | Grilled Asparagus                   | $\Omega$                          |
| ٧2            | Sweet Potato Quinoa<br>Gratin           | Impossible Brand Vegan<br>Meatballs         | Pumpkin Polenta with<br>Beets                            | Eggplant Cacciatore                             | Churrasco Tofu Steak                           | Impossible Brand Vegan<br>Meatballs | - '\'                             |
|               | Tofu with Szechuan<br>Vegetables        | Roasted Cauliflower Pasta<br>Pomodoro Sauce | Slo Smok Smoky BBQ<br>Tempeh                             | Fettucini Bolognese w/<br>Vegan Bolognese Sauce | Garlicky Greens and Beans                      | Lemon Garlic Mushroom               | Marquis E<br>afé or Lo<br>Commons |
|               | Lemon Green Beans                       | Bavarian Green Beans                        |  | Sautéed Rainbow Swiss<br>Chard                  | Roasted Sweet Potato<br>w/ Coconut & Lime      | Zucchini Noodles &<br>Marinara      |                                   |
| BRAVO         | Pasta Bar                               | Taco Bar                                    | Pasta Bar  | Mac & Cheese Bowl                               | Pasta Bar                                      | Buddha Bowl Bar                     | _                                 |
|               | Buffalo Fried Chicken Pizza             |   | Italian Sausage Pizza                                    |   | Breakfast Flatbread                            |                                     | Far<br>H                          |
|               | Cheese Pizza                            |   | Cheese Pizza   |   | Pepperoni Flatbread                            |                                     | Hall,                             |
|               | Pepperoni Pizza                         |   | Pepperoni Pizza  |   | Supreme Flatbread                              |                                     |                                   |
| Grill 6       | Bratwurst                               | Cajun Turkey Burger                         | Cheese Quesadilla  | Beef Cheesesteak w<br>Provolone                 | Grilled Turkey and Cheese<br>Sandwich          | American Cheeseburger               |                                   |
| Spoon & Fork  | Jambalaya Pasta                         | General Tso's Chicken                       | Buttermilk Fried<br>Chicken                              | Grilled Chicken<br>Parmesan                     | Florentine Baked Ziti                          | Creamy Cajun Shrimp<br>Pasta        |                                   |
|               | Buttermilk Cornbread                    | Sautéed Snow Peas &<br>Peppers              | Low Country Rice Pilaf                                   | Balsamic Glazed Broccoli -<br>Allergen Friendly | Baked Garlic Bread                             | Eggplant Caponata                   |                                   |
|               | Roasted Zucchini & Squash               | Brown Rice                                  | Corn Squash & Zucchini                                   | Risotto   | Zucchini Pomadora                              | Baked Garlic Bread                  |                                   |